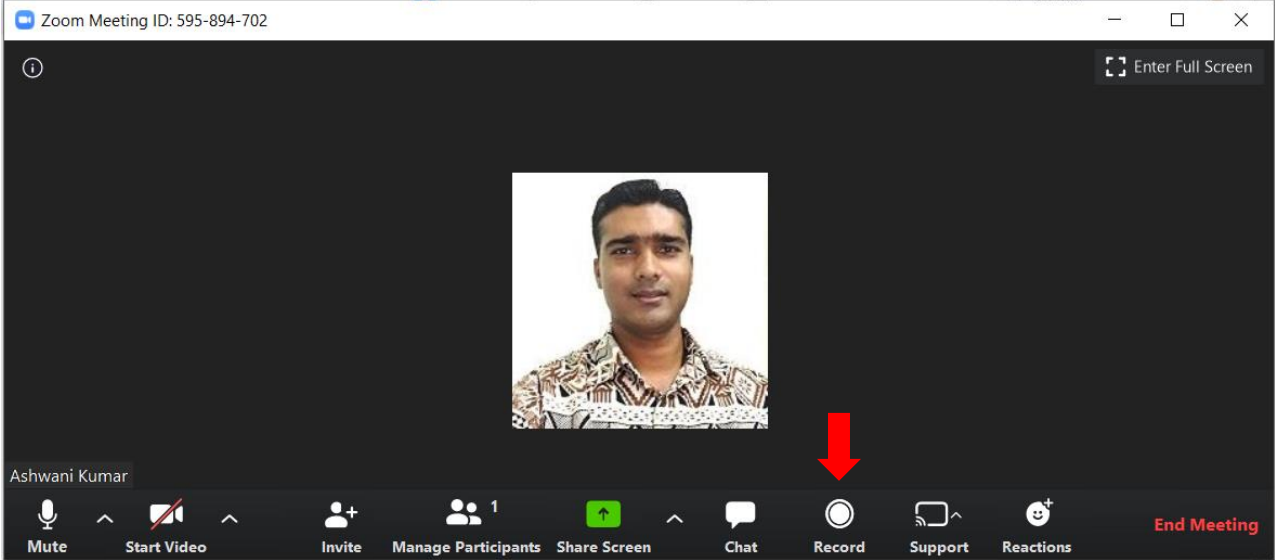
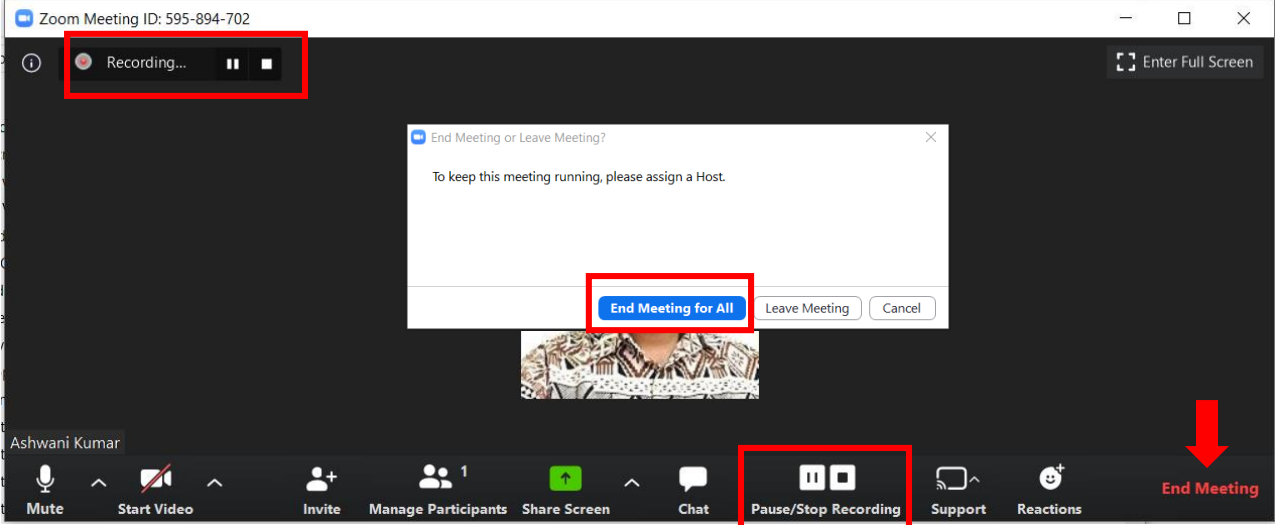


Record a Zoom session

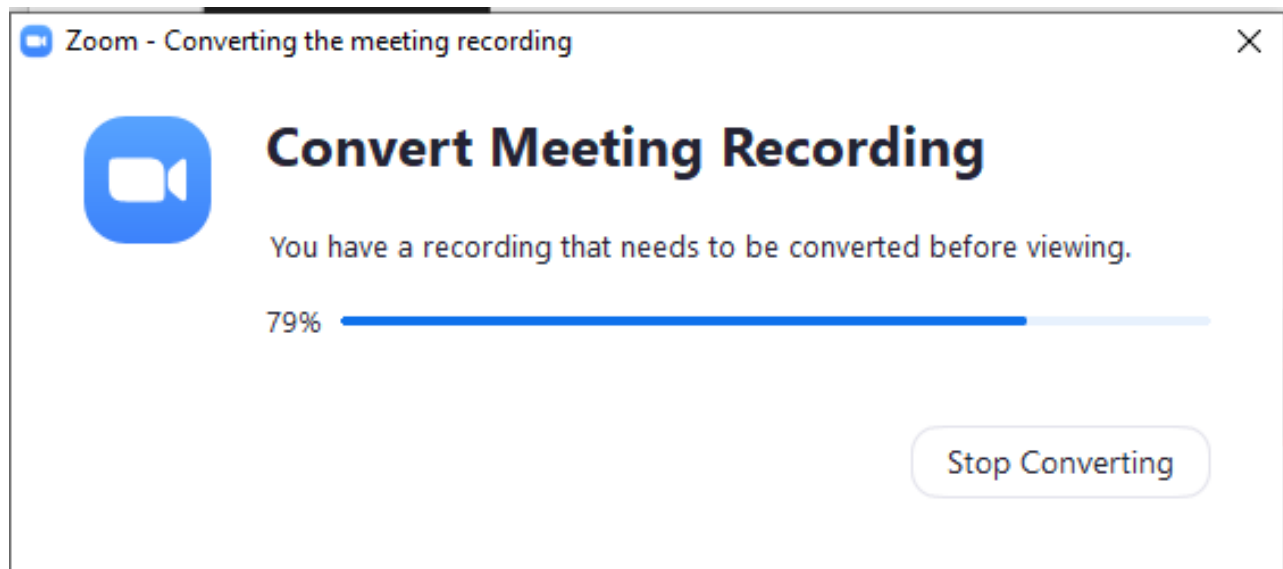
Host a Zoom meeting and click on Record button to start recording your Zoom session (if screen is shared, it will be recorded as well with your microphone and video)



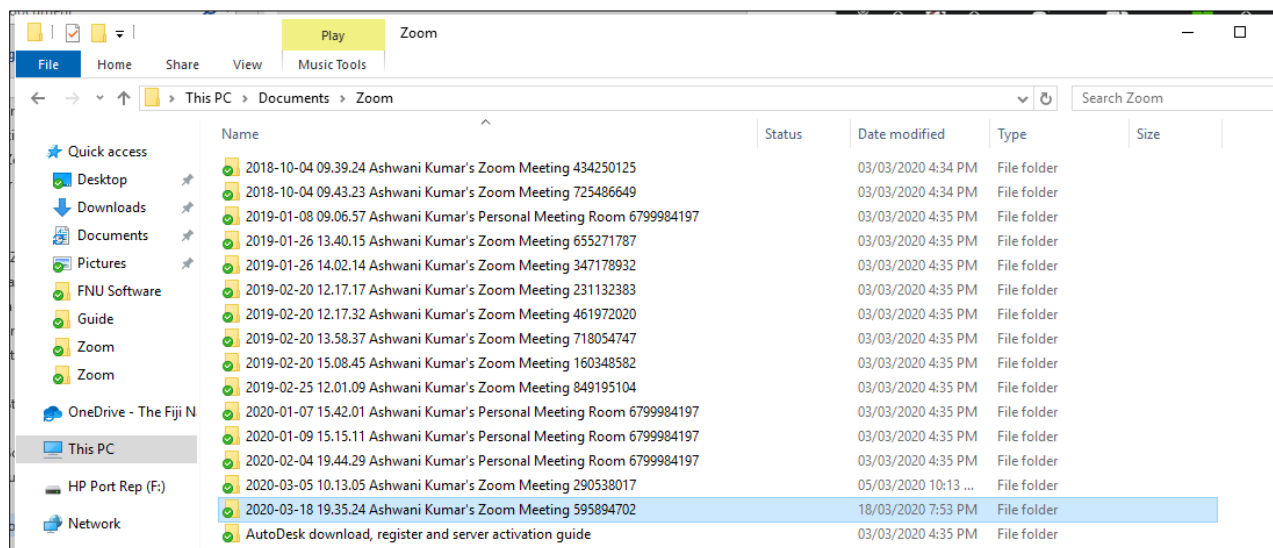
You can **pause and resume the recording** in between when needed. At the end, **stop** the recording, click on **End Meeting** and then click on **End Meeting for All**.



Zoom will compress and convert the recording.



Video will be saved in \Documents\Zoom as shown below.



Share your video

Use your [Microsoft One Drive to share the video](#) with relevant people.